

## BOTSOC KIRSTENBOSCH BRANCH WALKS 2023

### **Sunday 29 January: The contours above Chapman's Peak Drive**

Meet at 8am at the parking lot approximately 500m from the old East Fort shortly before the Toll Gate. A shady cool morning walk with stunning views from close to Chapman's Peak past Blackburn Ravine ending at East Fort. Amongst the many fynbos species we will see the very lovely *Erica nevillei*. Reasonably strenuous. Duration: about 4 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Margaret Kahle 0844153428 or Pat Rebello on 0822984564.

### **Sunday 12 February: Red Disas in Aquaduct/Disa Gorge on Table Mountain**

Meet at 8am at Gate 2 at Kirstenbosch in the carpark next to the Garden Centre. Ascend Table Mountain via Skeleton Gorge to see the spectacular Red Disas in the Aquaduct and Disa stream.

Strenuous – this is not a walk for unfit people. Duration 7 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea and lunch stop.

**Leaders:** Dirk Muller 0827795855; Pat and Tony Rebelo 0822984564; Jean Stephenson.

### **Sunday 19 March: Kalk Bay mountains to see the April Fool Lily**

Meet at 8am at the intersection of Boyes Drive and Main Road in Lakeside about 200 metres up Boyes Drive on your left. We will fill up the cars and move on to the Yellowwood Tree in Boyes Drive where we will start our hike up the Mule track into Spes Bona Kloof and down Echo Valley. We will see *Haemanthus coccineus* growing in abundance in the dwarf forest in Spes Bona Kloof. Reasonably strenuous. Duration 4 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Dirk Muller 082 7795855, Margaret Kahle 084 4153428, Hanneke Hawkes, Liz Barnett.

### **Sunday 23 April: Cape Point**

Meet at 9am just inside the Cape Point gate. Hike route to be decided in situ depending on the weather conditions. Reasonably strenuous. Duration 5 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Pat and Tony Rebello 0822984564; Margaret Kahle 0844153428; Margie Herron.

### **Saturday 20 May: Constantia Nek**

Meet at 9am in the Constantia Nek parking area for a morning walk up Table Mountain. Reasonably strenuous. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Ivor Jardine 021 6899031; Dirk Muller 0827795855; Jean Stephenson.

### **Sunday 25 June: Redhill/Kleinplaas Dam**

Meet at 9am at the Brooklands parking lot. From Main Road (M4) before Simon's Town, take the Red Hill Road (M66). Zig-zag up the mountain. After the last hairpin bend turn right into Pine Haven and follow the road to the Brooklands parking lot. Easy morning walk. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Margaret Kahle 0844153428; Pat and Tony Rebelo 0822984564; Margie Herron; Liz Barnett.

**Sunday 23 July: Simonstown/Swartkop to see *Serruria hirsuta***

Meet at 9am on Jan Smuts Drive, Simon's Town. From the Main Road, turn up Harrington Road and at the T-junction turn right into Jan Smuts Drive. Reasonably strenuous morning walk. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Margaret Kahle 0844153428; Pat and Tony Rebelo 0822984524; Dirk Muller 0827795855; Jean Stephenson; Liz Barnett.

**Sunday 20 August: Silvermine**

Meet at the Silvermine Dam parking area at 9am for a morning walk. Reasonably strenuous. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Margaret Kahle 0844153428; Margie Herron.

**Sunday 24 September: Steenberg Plateau to see *Audouinia capitata*, the false heath**

Meet at 9am at the Steenberg parking area on the top of Ou Kaapseweg Weg on the left travelling in the direction of Noordhoek. Steep ascent up to Steenberg Plateau which requires a good level of fitness. Duration 4 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Dirk Muller 0827795855; Pat and Tony Rebelo 0822984564; Liz Barnett; Jean Stephenson.

**Sunday 22 October: Oppelskop on Devils Peak**

Meet at 9am at the last parking area on Tafelberg Road at the Oppelskop signboard. Circular morning walk above Tafelberg Road. Reasonably strenuous. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Dirk Muller 0827795855; Pat and Tony Rebelo 0822984564; Liz Barnett; Jean Stephenson.

**Sunday 19 November: Chapmans Peak**

Meet at 8am at the "turnaround" on Chapman's Peak Drive for Day Pass walkers which is at the bottom of the path leading to the summit of Chapman's Peak. Lovely views from the summit of Chapman's Peak. Strenuous – good level of fitness required. Duration 4 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Dirk Muller 0827795855; Margaret Kahle 0844153428; Pat and Tony Rebelo 0822984564.

**Sunday 3 December: Rhodes Memorial/Newlands Forest**

Meet at 8am at Rhodes Memorial. Circular walk towards Newlands Forest. Reasonably strenuous. Duration 4 hours. Rain will cancel.

**Bring:** a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

**Leaders:** Dirk Muller 0827795855; Margaret Kahle 0844153428; Pat and Tony Rebelo 0822984564; Liz Barnett; Jean Stephenson.