



2024 HIKES

Sunday 11 February: Red Disas in Aquaduct

Meet at gate 2 in Kirstenbosch at 8am. Ascend Skeleton Gorge. Descend via Nursery Ravine. Strenuous. Duration 7 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: Dirk Muller 0827795855; Margaret Kahle 0844153428; Pat and Tony Rebelo 0822984564; Liz Barnett, Jean Stephenson.

Sunday 17 March: Spes Bona/Echo Valley in the Kalk Bay mountains

Meet at 8.30am at the Lakeside Boyes Drive turnoff. Duration 4 hours. Reasonably strenuous.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 14 April: Cape Point

Meet at the main gate at 9am. The route will be chosen on the day depending on weather conditions. This is a full days walk. Reasonably strenuous.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

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Leaders: TBC

Sunday 12 May: Silvermine East/Steenberg Plateau

Meet at 9am at the parking area on top of Ou Kaapseweg on your left travelling in the direction of Fish Hoek. Duration 3.5 hours. Reasonably strenuous.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 9 June: Cecilia Waterfall

Meet at the Cecilia carpark at 8.30am. Morning walk. Reasonably strenuous.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 14 July: Vlakkenberg

Meet at the top of Price Drive at 8.30am. Walk to the summit with magnificent views from the beacon. Reasonably strenuous. Duration 3 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 4 August: Camps Bay hiking/cycling trail

Meet at the Suikerbossie/Ryterplaats turnoff at 8.30am. Cars will be dropped off at Theresa Avenue in Camps Bay. Lovely downhill walk to Camps Bay. Duration 3 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 8 September: Devils Peak

Meet at 8.30am in Deer Park. Circular walk with lovely spring flowers. Duration 3 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 13 October: Chapmans Peak circuit

Meet at 8am at the East Fort to organise cars. Reasonably strenuous. Duration 4 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 10 November: Spitskop in Silvermine

Meet at 8am at the parking area immediately on your left as you leave the entrance kiosk. Walk up the Silvermine River and on to Spitskop. Duration 4 hours.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC

Sunday 1 December: Rhodes Memorial/Newlands Forest

Meet at Rhodes Memorial at 8am. Walk to Newlands Forest and back to Rhodes Memorial along the Contour Path.

Bring: a jacket, a hat, sunscreen, lots of water and refreshments for a tea stop.

Leaders: TBC